

Student Holiday in Nepal and Tibet



Day 1: Arrival in Kathmandu (1310m)

You will be thrilled watching panoramic flying into Kathmandu with the views of snow-capped Himalayan peaks sprawling down; you will already get excited to explore the country. Our representative from company will meet you at the airport terminal and transfer you to your reserved hotel.

Overnight: at the hotel in Kathmandu



Day 2: Full Day Sightseeing in Kathmandu

Our guide comes to your hotel to pick you up with transportation. As soon as you take your breakfast, your Sightseeing begins with visiting four major landmarks in Kathmandu including **Pashupatinath, Boudhanath, Swoyambhunath (Monkey Temple), and Kathmandu**

Durbar Square. Our Guide will give you a perfect idea of which place would be the best to initiate and according to the interest of your family and children.



Basically, the trip begins with a tour to **Swyambhunath** also known as the **Monkey Temple** – a 2500 years old landmark; it is said to be, the Radiant Lotus of the Valley-Mythology, established when the water was drained by Manjushree, the God of the Wisdom. This Temple is a famous pilgrimage site for Buddhists, is located on a beautiful hill inside Kathmandu valley. It is situated on top of the hill that could be observed from almost every part of the Kathmandu Valley. The tourists call this Stupa '**Monkey Temple**' as there are many monkey monkeys living around the Places.



After the Sightseeing around Monkey Temple, we drive to another landmark, **Boudhanath Stupa**. This Stupa has been renovated after the Earthquake in 2015 as this was also impacted. The Boudhanath Stupa is the world's biggest Stupa and represents Tibetan Buddhists Culture in Nepal. Antique shops around these stupas where you can buy things of your preferences concerning Tibetan Culture and Lifestyles.

After a visit to Boudhanath, you will be transferred to the **Pashupatinath Temple**, which is located at the bank of the Bagmati River. It is a sacred Temple for Hindus as many people from different parts of the world visit this temple every year and during the Shiva Ratri, hundreds of thousands of devotees and Sadhus come to attend.

The last site of this day is **Kathmandu Durbar Square**, Hanuman Dhoka, the ancient Royal residential quarter, Mahadev Parvati Temple, Temple house of Kumari (Living Goddess) around this Durbar Square. Walk around the local bazaar and back to the hotel.

Overnight: at the hotel in Kathmandu



Day 3: Kathmandu to Chitwan (150 KM) 5 hours drive

Early in the morning after breakfast, we start our journey for Chitwan National Park. The distance of Chitwan National Park is about 150 KM through Trishuli River and it takes about five to six hours to reach.



*The **add-on** trip while taking a ride to Chitwan would be 3 hours of White Water River Rafting at Trishuli River. Trishuli river is one of the popular and exciting rivers for White Water River rafting.*

If you planning is planning a short river rafting adventure, this could be the best option.

Overnight: at the Resort in Chitwan

Day 4: Full Day Excursion in Chitwan National Park

After the morning breakfast, Canoe Ride in the **Rapti River** (a good opportunity to see Bird and Two rare species of Crocodiles like Marsh Mugger and Fish-eating Gharial), jungle walk and visit Elephant Bathing Center. In the Afternoon after Lunch, Elephant Safari (A Good opportunity to see 4 different types of deer, Rhinos, Wild Boar, Monkey, Leopard, Sloth Bear and also encounter with many other mammals that have made Chitwan their home). In the Evening, Enjoy the Sun Set view from the bank of the Rapti River and the Show or Cultural program. Take Dinner and Go to Sleep.

Overnight: at the Resort in Chitwan

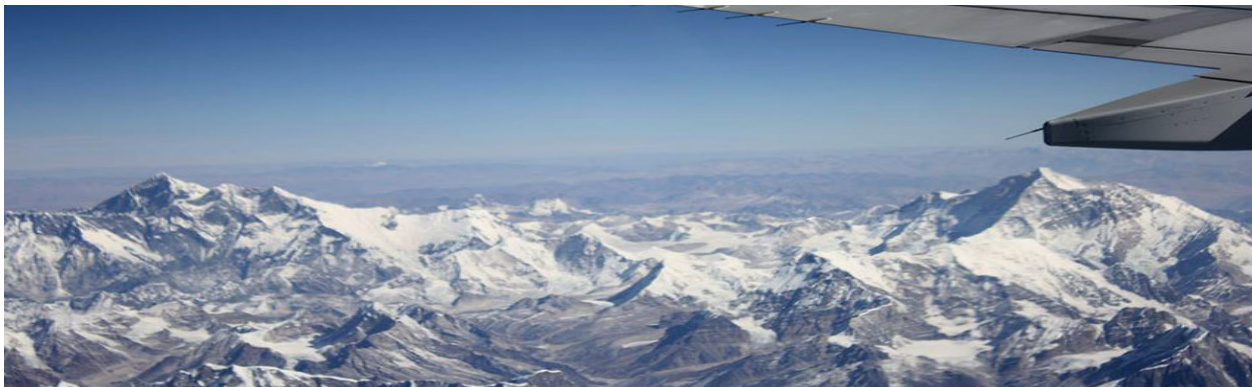


Day 5: Drive back from Chitwan to Kathmandu

After breakfast at the hotel, Visit the Government Elephant Breeding center or other jungle activities before you return to Kathmandu.

In the evening, stroll around Thamel and also you can buy some souvenirs.

Overnight: at the hotel in Kathmandu



Day 6: Transfer to airport to fly to Lhasa.

This is the end of your day in Nepal; you will be transferred to the airport to connect your flight to Lhasa.

Upon arrival you will be met by our English speaking Tibetan tour guide and driver at the airport, and transfer you to the hotel in downtown.

Overnight: Tibet Gang-gyan Lhasa hotel or similar 4 stars



Day 7: Visit Potala Palace, Jokhang Temple and Barkhor Street

Today, we will visit the **Potala Palace** which is built in 7th century and explore the grandest of this myriad chapels. You will experience its audience halls, the jewelled and Golden burial Chortens (stupa Tombs) of past **Dalai Lamas**, and tremendous number of Buddhist frescoes, Thangkas, combinations of mandala, etc. In the afternoon, pay a visit to the holist temple in Tibet, the **Johkang Temple**, built during king Songtsen Gonpo's reign by princess Wencheng and its famous **Barkor Kora** (circumambulation), where you can buy or appreciate traditional Tibetan artefacts, religious implements, antiques, books, Tibetan music instrument, Thangkas, and tradition Tibetan clothes etc.

Overnight: Tibet Gang-gyan Lhasa hotel or similar 4 stars



Day 8: Visit Drepung and Sera Monasteries

After breakfast, we will start our group tour at 09:00 in the morning. Drive 8km north-west of Lhasa and visit **Drepung Monastery**, which is situated at the foothill of a mountain and was founded by Jamyang Choeje in 1416. It was once the home of 10000 monks and Ganden Podrang in Drepung is famous for it was the administrative center during fifth Dalai Lama and later moved to Potala palace. After having lunch, continue to visit the **Sera Monastery**, which was founded in 1419 by Tsongkapa's disciple Jamchen Choeje. The most attractive is its Buddhist monk's debating held in the courtyard. These two monasteries are two of the three largest Gelugpa sect monasteries in Tibet.

Overnight: Tibet Gang-gyan Lhasa hotel or similar 4 stars



Day 9: Set out for Gyangtse to Shigatse. 375km

After the breakfast all group members picked up from the hotel at 09:00 and drive to Shigatse via Gyangtse. En-route, you will across **Kambala pass** (3975m), **Yamdruk Youtso Lake**, **Karola Glacier** and **Semila Pass**. Stop at every sight to take photos the great natures until arriving in Gyangtse. Gyangtse is renowned for **Pelkhor Monastery** and the **stupa**. **Gyangtse Zong** is located on top of the hill, was once the administration of central Tibet. We will drive more 90km to Shigatse through Tibetan villages aside the road.

Overnight: Gesar hotel or Tashi Chorten hotel (4 stars)



Day 10: Drive to Rongphu Monastery

We will drive to **Rongphu Monastery** (5150m) located just below the the Mt. Everest EBC (5200m. On the way, we will cross the cultural town **Lhatse**, **Gyatsola Pass** (5248m), and **Shegar**

town cover 245km. A little from Shegar we will head into huge mountains and passes to cover 102km until **Rongphu monastery**, the highest monastery in the world.

Overnight: Rongphu Guesthouse



Day 11: Trek 5km to EBC. Drive to Kyirong 360km

The day starts early in the morning, so we can enjoy the sunrise over the top of **Mt. Everest**. You can trek 1-2 hours with a total of 5 kilometres to the Everest Base Camp. After an enough exploration, we head to Kyirong border.

Overnight: Stay in a clean hotel



Day 12: Cross Rasog Bridge and Transfer to Kathmandu

Today, we will cross Rasog Bridge. Our Nepal driver will pick you up at the border and drive to Kathmandu.

What's Included?

- Tibet travel permit and group visa
- Nepal entry visa
- Airport pick-up and drop by private transport
- Transportation by private vehicle during the tour
- Kathmandu to Lhasa air ticket
- Accommodation on Twin Sharing room basis (at least 3-star hotel)
- All meals - Full Board Plan throughout the tour
- An English Speaking Tibetan and Nepalese guide throughout the tour
- All Entrance fees of landmarks mentioned in the itinerary
- Government Tax and other office service charge

What's Excluded?

- Single supplement if required (30 Per person per night)
- International or Domestic tickets and airport taxes
- Alcoholic beverages, soft drinks, Telephone calls, and laundry
- Personal expenses, Tips and etc
- Travel, Medical insurance, and first aid kit